



Making your foot chart

- Purchase a large cardboard “pizza circle” or “cake circle” from your teacher, a cake supply store or a restaurant supply.
- Have your child measured by your teacher for the correct foot placement.
- Cut out tracings of your child’s feet – two pairs of feet, one in each of two different colors, and one left foot in a third color. Glue on to the chart in the positions marked by your teacher. (
- Put your child’s name in very large letters (3”-4” high) near the top of the foot chart. This can be done with letters cut out of paper, stencils, stickers, etc.
- Paste a favorite picture or pictures of your child on the foot chart.
- Decorate the chart with stickers and drawings to please your child.
- When the chart is finished, take it to “Teacher Heaven” (Hwy 59 & Murphy Rd.) or Office Max/Office Depot/Staples to have the whole thing laminated on both sides. Do not let them cut off the extra lamination.
- At home, cover the edges of the foot chart with a towel and with a hot iron, iron the lamination right up to the edge of the foot chart to seal tightly. Then cut off the excess lamination. You will need to leave $\frac{1}{4}$ ” to $\frac{1}{2}$ ” border of lamination around the edge of the circle. (if laminating is not possible, cover the entire surface with clear contact paper or strips of clear packing tape)
- Poke two holes a few inches apart in the foot chart, near the top edge. Thread string, ribbon or a shoelace through the holes and secure with a knot to make a handle.
- Take your foot chart everywhere you play (lessons, practicing at home, group class, workshops, etc.) for as long as your teacher requires.
- Enjoy learning with your foot chart!

