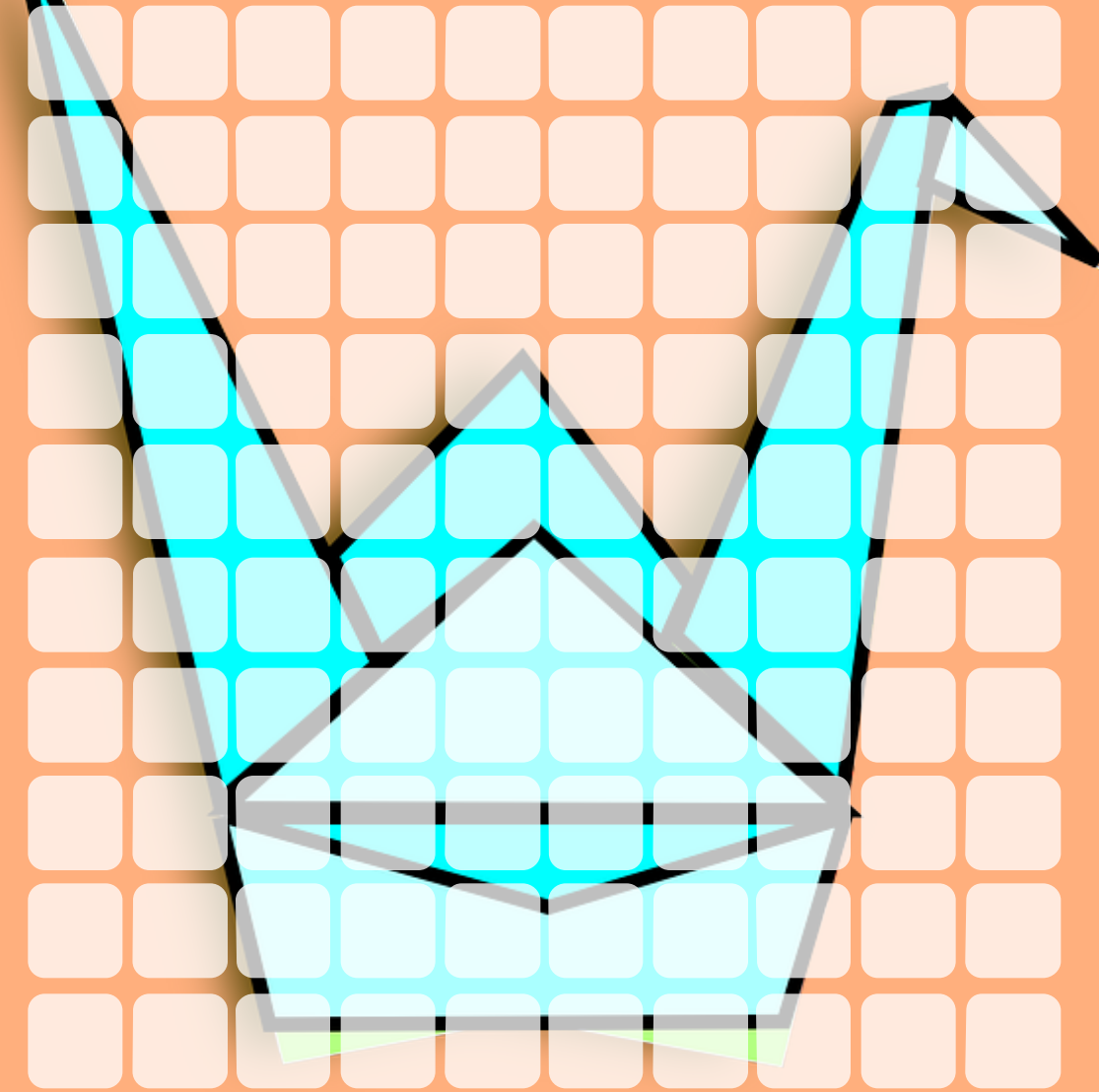


100 TIMES PRACTICE CHALLENGE



2015-16 Southeast Texas Suzuki Association, League City Group Class, Danette Schuh and Meredith Harris

NAME: _____

DATE: _____

SO WHAT FINE MOTOR SKILLS CAN YOU PRACTICE 100 TIMES?

Dr. Suzuki thought origami was a wonderful way for his students to increase their fine motor skills. We will learn the Japanese art of folding paper to create and share something beautiful with others.

- 100 origami paper cranes
- 100 caterpillar bow exercises
- 100 pinky push ups
- 100 finger pops
- 100 twinkles
- 100 variations
- 100 shifts to 3rd position
- 100 scales
- 100 circles/bow lifts
- 100 review pieces
- pass the bow cup 100 times
(Place the cup upside down on the tip of the bow. Using your best bow hold, pass the bow cup from person to person using only your bows.)

What are your ideas?

100 _____